

RED means NOT good for nursing does

Herb	anti-inflamator	anti-septic	anti-bacterial	good for diarrhea	diuretic	digestion	fertility	increases milk flow	uterine stimulant
Basil				X		X			
Blackberry				X				X	
Borage	X							X	
Calendula	X	X							
Chamomile	X		X						
Chickweed	X					X			
Comfrey **						X		X	
Cornflower						X			
Cornsilk					X				
Dandelion	X			X	X			X	
Dill						X		X	
Echinacea	X	X							
Fennel		X				X		X	
Fenugreek								X	X
Goat's rue					X			X	
Lavender									X
Lemon balm			X	X				X	
Marshmallow	X				X				
Milk thistle								X	
Mint						X		Decreases	
Nettles					X			X	
Parsley					X	X	X	X	X
Plantain				X	X				
Raspberry leaf				X		X		X	
Red clover									
Rosemary						X			
Sage								Decreases	X
Strawberry		X							
Thyme		X		X		X			X
Yarrow		X			X				

** Comfrey should only be fed in moderation and not as a major source of their diet

For more information please visit:

<http://twohunzyrabbity.webs.com/herbinformation.htm>

reduces stress	cooling/ waming	ok for young
X	warming	
	cooling	X
X		
X		
		X
X		
X		
		X
	cooling	X
X	warming	
	cooling	
	warming	